

Being a parent

Being a Parent can be a wonderful thing, but it's a tough job that requires skills and patience. Unlike most jobs in life that need particular skills, children appear without instructions and parents have no training. Most of us know we are not the only ones

dealing with temper tantrums or answering back but we still might appreciate a few tips and a little support in our important task.

Whether we are mums, dads or grandparents, we can often be silently crying out for help, and this is a great opportunity for you to share and learn new skills in an informal and confidential environment.



Family Support Worker
Dioceses of Hallam Caring
Services

Family Focus Project
07825449306

L.rendell@live.co.uk
www.hallamcaringservices.org.uk

For More information about the
"Building Confident Parents"
sessions contact:

Laura on 07825449306
l.rendell@live.co.uk
or Pauline Clewes 01142724851
p.clewes@allsaintslearning.co.uk

Laura Rendell
Family Support Worker
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Building Confident Parents

*Six weekly sessions to ensure
your effectiveness as a parent*

Starting :
7th November 2011
10.00am-12.00pm

In school

£1 per person per week
this includes handbook
Refreshments will be
provided.



Led By Laura Rendell
Family Support Worker &
Pauline Clewes Student Support

Places may be limited so
please complete the slip
below to book your place

Names/s

Email

Tel:

If these times are
unsuitable please state
preferred times

Evenings Weekends

Times _____

Please return this part of the
flyer to school

The sessions will look at

- * Behaviour you don't like
- * Encouragement
- * Listening for feelings
- * Talking with your child
- * Discipline
- * Quality time

Building Confident Parents

Course dates:

Mondays:

7th November

14th November

21st November

18th November

5th December

12th December 2011

10am-12.00pm

*You may become a happier parent
and you won't believe the
difference it makes to the
children.*